

## Domestic and Sexual Violence and Abuse

24hr Domestic Violence Helpline	0800 802 1414
PSNI Domestic Violence Officer	0845 600 8000
Belfast Women's Aid	028 9024 9041
Foyle Women's Aid	028 7141 6800
Rape Crisis & Sexual Abuse Centre	028 9032 9001
'The Rowan' Sexual Assault Referral Centre	0800 389 4424
Nexus Institute (Belfast)	028 9032 6803
(Derry/Londonderry)	028 7126 0566

## Women's Centres

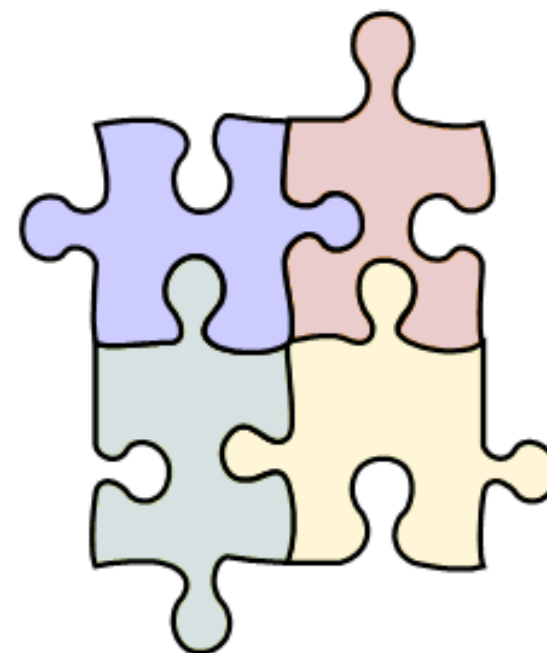
<b>Ballybeen Women's Centre</b> , 34 Ballybeen Square, Dundonald, Belfast, BT16 2QE, 028 9048 1632	<b>Windsor Women's Centre (Broadway)</b> , 136-144 Broadway, Belfast, BT12 6HY, 028 9023 5451
<b>Falls Women's Centre</b> , 256-258 Falls Rd, Belfast, BT12 6AL, 028 9032 7672	<b>Waterside Women's Centre</b> , 170 Spencer Rd, Londonderry, BT47 6AH, 028 7134 1579
<b>Footprints Women's Centre (Poleglass)</b> , 84A Colinmill Rd, Dunmurry, Belfast, BT17 0AR, 028 9092 3444	<b>Foyle Women's Information Network</b> , 12-14 The Diamond, Derry~Londonderry, BT48 6HW, 028 7126 6291
<b>Greenway Women's Centre (Creagh)</b> , Greenway, Belfast, BT6 0DT, 028 079 9912	<b>Derry Well Woman Centre</b> , 17 Queen St, Londonderry, BT48 7EQ, 028 7136 0777
<b>Shankill Women's Centre</b> , 151-157 Shankill Rd, Belfast, BT13 1FD, 028 9024 0642	<b>The Women's Centre (Guildhall St)</b> , 5 Guildhall St, Derry, BT48 6BB, 028 7126 7672

## Health and Wellbeing Treatment Centres

<b>Crumlin Road Health Centre</b> , 94 - 100 Crumlin Road, Belfast, BT14 6AR, 028 9074 1188	<b>Whiterock Health Centre</b> , 6 Whiterock Grove, Belfast, BT12 7RQ, 028 9032 3153
<b>Carlisle Centre</b> , 40 Antrim Road, Belfast, BT15 2AX, 0845 300 6650	<b>Beech Hall Centre</b> , 21 Andersonstown Road, Belfast, BT11 9AF, 028 9504 0044
<b>Grove Wellbeing Centre</b> , 120 York Road, Belfast, BT15 3HF, 028 9063 6800	<b>Shankill Centre</b> , 83 Shankill Road, Belfast, BT13 1PD, 028 9504 0043
<b>Cherryvalley Health Centre</b> , King's Square, Belfast, BT5 7BP, 028 9040 1844	<b>Dunluce Health Centre</b> , 1 Dunluce Avenue, Belfast, BT9 7HR, 028 9020 4285
<b>Dundonald Health Centre</b> , 16 Church Road, Dundonald, BT16 OLN, 028 9504 2662	<b>Finaghy Health Centre</b> , 13 -25 Finaghy Road South, Belfast, BT10 OBW, 028 9020 4418
<b>Arches Centre</b> , 1 Westminster Avenue North, Belfast, BT4 INS, 028 9504 7800	<b>Mount Oriel Clinic</b> , 2 Mount Oriel, Belfast, BT8 4HR, 028 9070 1653
<b>Knockbreda Centre</b> , 110 Saintfield Road, Belfast, BT8 6GR, 028 9504 4450	<b>Bradbury Centre</b> , 1-17 Lisburn Road, Belfast, BT9 7AA, 028 9504 7770
<b>Maureen Sheehan Centre</b> , 106 Albert Street, Belfast, BT12 4HL, 028 9024 2816	<b>Ballyowen Health Centre</b> , 179 Andersonstown Road, Belfast, BT11 9EA, 028 9061 0611
<b>Great James Street Health Centre</b> , Londonderry BT48 7DH, t: 028 7136 5177	<b>Shantallow Health Centre</b> , Racecourse Road, Derry BT48 8HJ, t: 028 7135 1350
<b>Waterside Health Centre</b> , Spencer Road, Londonderry BT47 6AQ, 028 7131 4950	<b>Dungiven Health Centre</b> , Chapel Road, Dungiven, BT47 4RS, 028 7774 3001
<b>Strabane Health Centre</b> , Upper Main Street, Londonderry, BT82 8AR, 028 7138 4114	<b>Coleraine Health Centre</b> , 7a Castlerock Road, Coleraine, BT51 3HP, 028 7034 4833

## DIRECTORY OF SUPPORT SERVICES FOR WOMEN

Emotional and crisis support - Housing - Jobs and benefits - Sexual health - Health and wellbeing - Women's centres - Drugs and alcohol - Domestic and sexual violence and abuse



This leaflet contains contact information for support services close to Belfast and Derry/Londonderry.

### General Support

Women's Aid (24hr)	0808 802 1414
Women's Support Network	028 9023 6923
Migrant Helpline	0130 420 3977
Citizens Advice Bureau (Belfast)	0300 123 3233
Citizens Advice Bureau (Foyle)	028 7136 2444

### Emotional and Crisis Support

Samaritans	0845 790 9090
Lifeline	0808 800 8000
MindWise	028 9040 2323
NIAMH	028 9032 8474
Aware: Defeat Depression	0845 120 2961
Action Mental Health	028 9182 8494
Lamp	028 9024 2982

### Housing

Northern Ireland Housing Executive	0344 892 0900
First Housing Aid and Support Services	028 7126 6115
Multi-Disciplinary Homeless Support Team	028 9033 0433
Simon Community	0800 171 2222
Housing Rights Service	028 9024 5640
Homeplus NI	028 9024 8521
Welcome Organisation	028 9024 0424
Women's Crisis Accommodation	0789 493 1043
Homeless NI – <a href="http://www.homelessni.org">www.homelessni.org</a>	

### Jobs and Benefits Offices

Gloucester House, 57 Chichester Street, BT1 4RA  
Andersonstown, 580A Falls Road, BT11 9AB  
Falls Road, 19 Falls Road, BT12 4PH  
Shaftsbury Square, 107 Great Victoria Street, BT2 7AG  
Holywood, 106-108 Holywood Road, BT4 1JU  
Shankill, 15 - 25 Snugville Street, BT13 1PP  
Knockbreda, Upper Knockbreda Road, BT8 6SX  
Foyle, Crown Buildings, Asylum Road, BT48 7EA  
Lisnagelvin, 2 Crescent Road, Lisnagelvin, BT47 2NJ

**Benefits freephone number – 0800 022 4250**

### Drugs and Alcohol

Belfast Trust Drug Outreach Team	028 9050 0150
Foyle Valley House	028 7136 2689
Addiction NI (South Belfast)	028 9066 4434
Addiction NI (East Belfast)	028 9073 1602
Addiction NI (West Belfast)	028 9033 0499
Belfast Addiction Services	028 9073 7547
Alcohol and Drug Service	028 7186 5239
FASA	028 9080 3040
Dunlewey Substance Advice Centre	028 9061 1162
FRANK	0300 123 6600

**You can also access Community Addiction Teams through your local Health and Social Care Trust. Referrals can be made through your GP.**

### Belfast Drop-in Service for Commercial Sex Workers

Bryson House, 28 Bedford St, Belfast, BT2 7FE  
Open Thursday evenings from 6pm to 10pm  
Contact the nurse on 0778 633 8020

Specialist support for those involved in prostitution is available through the Belfast Drop-in Service. The Service provides drop-in support in a safe, confidential and non-judgemental location. Its services include sexual health advice, screening and treatment and signposting to other services that may help anyone involved in prostitution.

The Service is staffed by an Advanced Nurse Practitioner and a Public Health Nurse and can help with a range of health protection and promotion needs, including sexual health. It provides condoms, emergency contraception, pregnancy testing, cervical smears and STI screening. The Service can also offer emergency access to the Genitourinary Medicine (GUM) service at the Royal Victoria Hospital. The Service also provides access to a range of other support services, such as psycho-sexual counselling, education and training programmes.

### Sexual Health

GUM Clinic - Royal Victoria Hospital	028 9063 4050
GUM Clinic - Altnagelvin Hospital	028 7161 1269
GUM Clinic - Causeway Area Hospital	028 7034 6028
Brook Centre (Under 25s) 9-13 Waring Street	028 9032 8866
Brook Centre 20B Abbey Street, Coleraine	028 7034 2178
Family Planning Association	0845 122 8687
Rainbow Project (LGBT Support)	028 9031 9030
	028 7128 3030